

Find the  
**hero**  
in you.



## Donors save lives and time by completing our online health history questionnaire

United Blood Services donors can now complete their health history questionnaire online on the day of their donation!

By choosing to fill out the online questionnaire before they come to the blood drive, donors will likely reduce the in-person interview to only a few essential follow-up questions.

Simple instructions can be found via the “Health History Questionnaire” link on our United Blood Services website [www.UnitedBloodServices.org](http://www.UnitedBloodServices.org) or directly at [www.UnitedBloodServices.org/HealthHistory.html](http://www.UnitedBloodServices.org/HealthHistory.html).

Donors who complete the online health history questionnaire will print out the Fast Track Donation Ticket (see below) and bring it with them to the blood drive or donor center.

Important tips for using the online health history questionnaire:

- Questionnaire **must be completed on the day of donation**. A ticket with any other date cannot be accepted.
- The questionnaire must be completed in one sitting. Answers are not saved.
- Donors must print out and bring the Fast Track Donation Ticket with them when they donate.
- Our staff will review the answers, perform the medical screening, and determine the donor’s eligibility.

**United Blood Services**  
Find the hero in you. *Fast Track Donation Ticket*

First DIN Double Stick DIN

Full Name: JANE DOE  
D O B: 1/1/1980  
Donor ID:

This ticket is valid only on the calendar date of your blood donation.  
Please bring it with you and give it to our staff when you arrive at the blood center or blood drive.  
Thank you for finding the hero in you.

**Sample Fast Track Donation Ticket**

We'll send donors the link to the online health history questionnaire in our appointment reminder email before the blood drive. Blood drive coordinators can help the drives run more smoothly by emailing the link again to donors first thing the morning of the blood drive.

**Questions about the online health history questionnaire? See one of our staff members when you come in to donate or call us at our national toll-free number: 1-877-UBS-HERO (827-4376).**